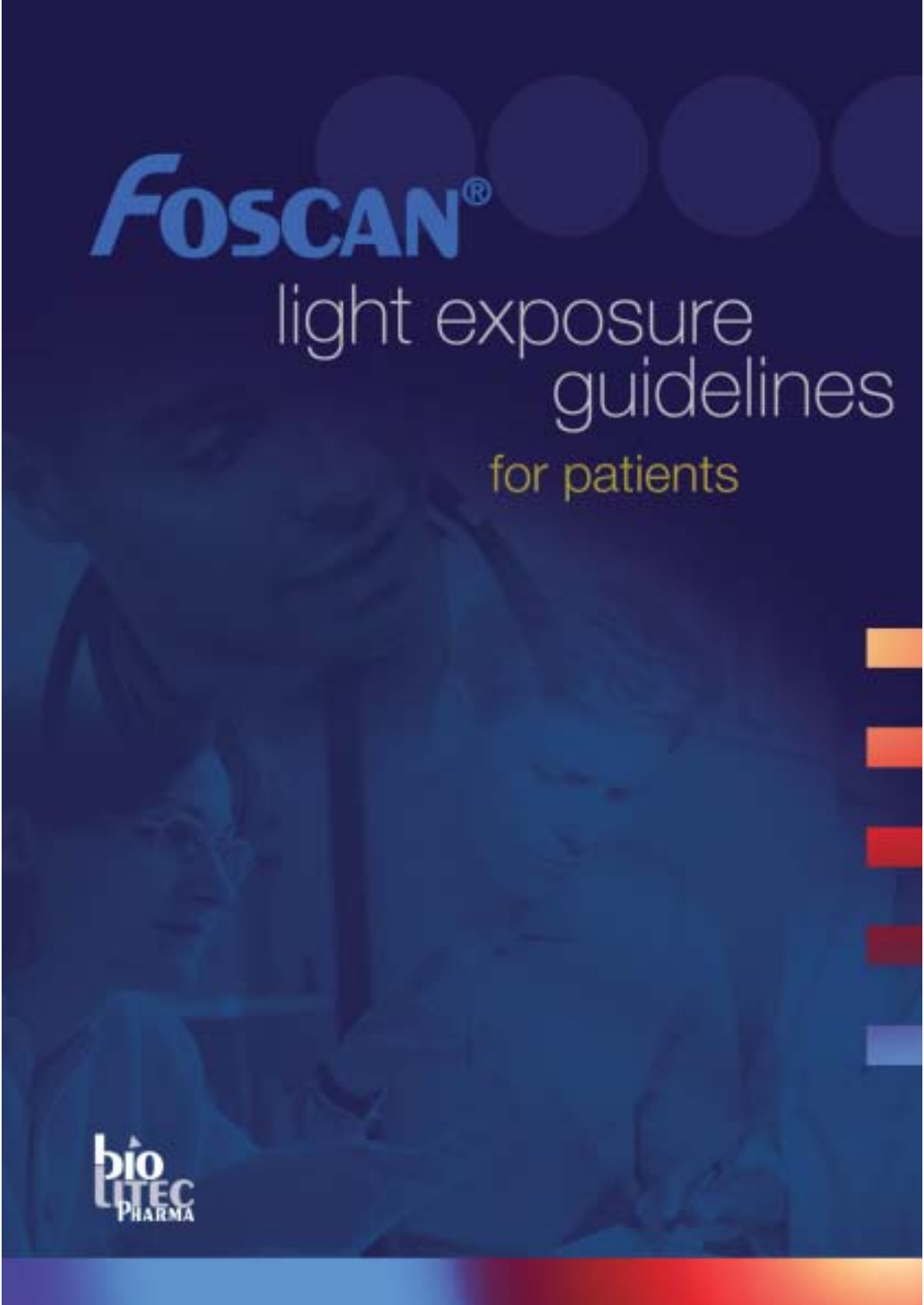
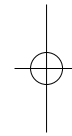
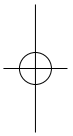


FOSCAN[®]

light exposure
guidelines

for patients

bio
LITEC
PHARMA



Light exposure guidelines

Foscan® will make your skin and eyes very sensitive to light.

Normal daylight or bright indoor lighting can give you skin burns for up to 15 days after you have received the injection of Foscan®.

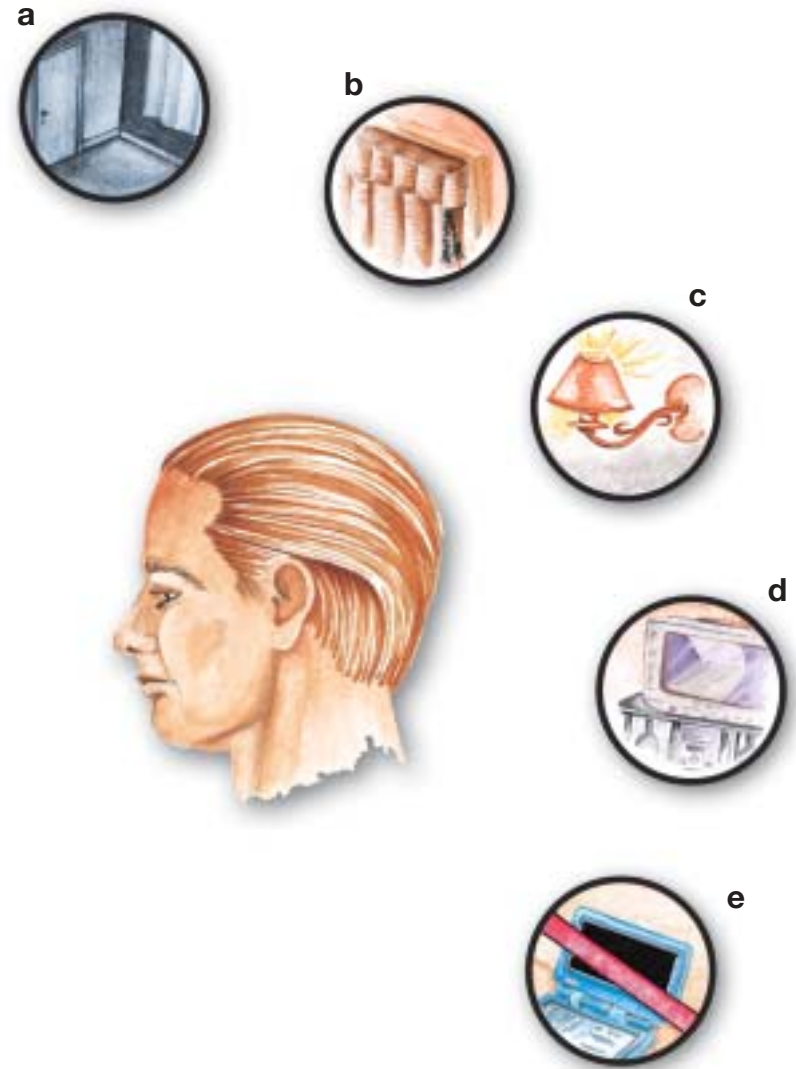
It is important to:

- Carefully follow the instructions for gradual exposure to increasing light levels after injection.
- Remember that sunscreens provide no protection from light sensitivity.
- Avoid direct sunlight and strong indoor lights. However, do not remain completely in the dark – a gradual increase in light is necessary to help clear the Foscan® from your skin.
- Remember that some parts of a room may be brighter than others.

Day 1

Your skin and eyes are very sensitive to light. Avoid all exposure to direct sunlight. If you travel home from the hospital, make sure you are covered up fully.

- a. Remain in a darkened room.
- b. In preparation for your return from hospital, draw the curtains or cover the windows of your home with dark material to avoid direct sunlight.
- c. Only use one light bulb of 60 watts (11 W energy saver) or less.
- d. You may watch television from a reasonable distance (at least 6 feet/2 metres).
- e. Do **not** use a computer.



Days 2-7

Your eyes may be sensitive to bright light. Wear dark glasses if you experience eye pain or a headache following exposure to light. Your skin is still sensitive to light.

- f.** Gradually increase your exposure to light. Over this week, you can slowly return to normal indoor lighting.
- g.** Remain indoors during daylight hours, but you may go outdoors after dark.
- h.** Continue to avoid exposure to direct sunlight and direct light from household appliances.
- i.** If it is absolutely necessary to go outdoors during daylight hours, cover your body completely with dark clothes made of closely woven material and wear dark glasses. If you must travel, cover yourself entirely and avoid sitting near windows.
- j.** If you accidentally expose your skin to too much light, you may experience a prickly or burning sensation. If this occurs, get out of light immediately and seek medical advice.

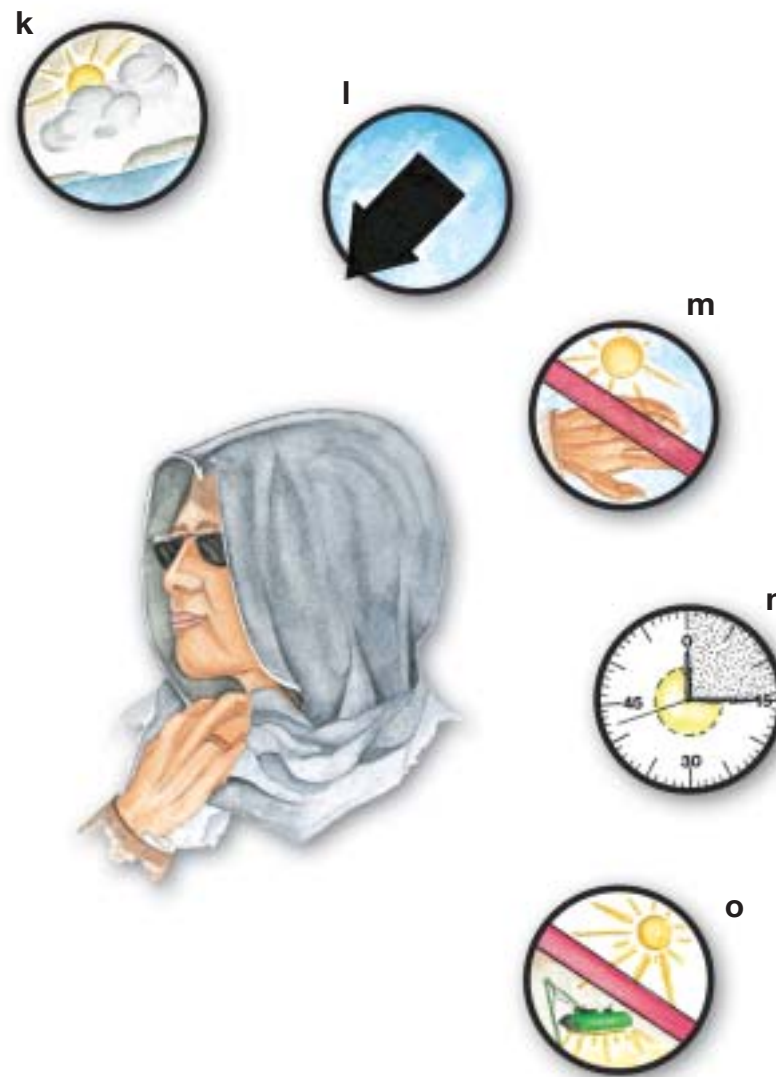


Days 8-14

Your skin is still sensitive to light. Remember to avoid direct sunlight and strong indoor lighting. When outdoors, stay in the shade.

- k. You can now begin to go outdoors during daylight hours, but you must stay in shaded areas.
- l. Continue to wear clothes that are dark and made of closely woven material.
- m. Take care that unclothed skin (hands, face) is not overexposed to light.
- n. On Day 8, you can go outdoors for a short period (10–15 minutes), but you must stay in the shade. If you do not have any redness, burning or blistering over the next 24 hours, then you can gradually increase the time you spend outdoors in the shade during the week.
- o. Continue to avoid direct sunlight and strong indoor lighting.

If you notice any redness, burning or blistering after being outdoors in the shade, seek medical advice and wait until your symptoms have disappeared before further increasing your exposure time.

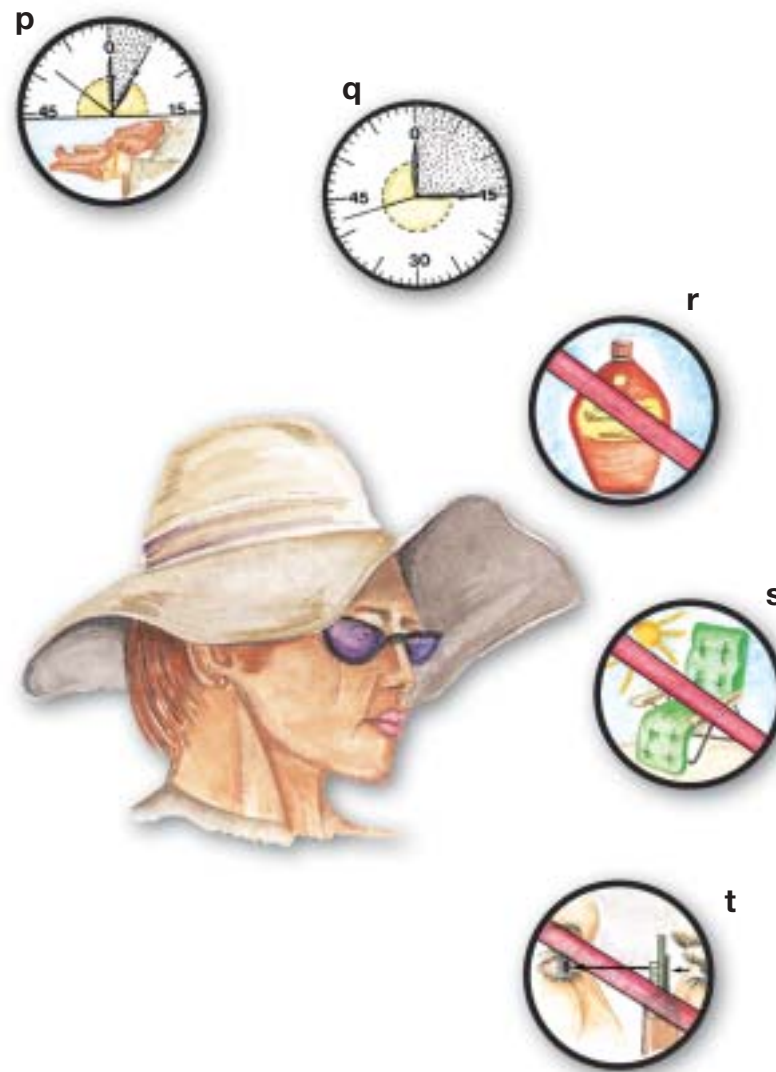


Day 15 and beyond

Your sensitivity to light is getting back to normal. Gradually, you may be able to tolerate direct sunlight and to return to normal activities.

- p.** Test your sensitivity to direct sunlight carefully by uncovering the back of your hand and exposing it to the sun for 5 minutes. Wait for 24 hours to see if you have any redness, burning or blistering. If you have a reaction, you should avoid direct sunlight for another 24 hours and then repeat the test.
- q.** If you have no redness, burning or blistering following the test, you can gradually increase your daily exposure to sunlight. Do not stay in the sunlight for more than 15 minutes on the first day. You can then increase your exposure by 15 minutes each day.
- r.** Sunscreens provide no protection from light sensitivity
- s.** Do not sunbathe or use sun lamps or tanning beds for at least 3 months
- t.** Avoid eye examinations that use bright lights for at least 30 days

If you get a prickly or burning feeling or if you notice any redness, burning or blistering after exposure to the sun, seek medical advice and wait until your symptoms have disappeared before further increasing your exposure time.



Foscan® Light Exposure Guidelines – Summary

Remember!

- Foscan® will make your skin and eyes very sensitive to light
- Normal daylight or bright indoor lighting can give you skin burns for up to 15 days after you have received the injection of Foscan®

Day 1

- Your skin and eyes are very sensitive to light
- Avoid all exposure to direct sunlight
- Cover up fully if you travel home from hospital

Days 2-7

- Your eyes may be sensitive to bright light
- Wear dark glasses if you experience eye pain or headache following exposure to light
- Your skin is still sensitive to light

Days 8-14

- Your skin is still sensitive to light
- Avoid direct sunlight and strong indoor lighting
- Stay in the shade when outdoors

Remember!

If you notice any redness, burning or blistering after being outdoors in the shade:

- Seek medical advice *and*
- Wait until your symptoms have disappeared before increasing your exposure time

Day 15 and beyond

- Your sensitivity to light is getting back to normal
- Gradually, you may be able to tolerate direct sunlight and to return to normal activities

Remember!

If you get a prickly or burning feeling or if you notice any redness or blistering after exposure to the sun:

- Seek medical advice *and*
- Wait until your symptoms have disappeared before increasing your exposure time

